

Examples of policy language from schools and districts in North Carolina

2014-2015 East Clayton Elementary Walking and Biking Policy

Walking and biking are among the best ways to promote student well-being. East Clayton Elementary supports walking/biking to school as long as students live within an appropriate distance and there is an adequately safe route. Currently, East Clayton Elementary strongly discourages students walking on Castleberry Road and crossing Highway 42 until adequate safety facilities are in place.

East Clayton also regards walking and biking to school as the responsibility of the students and parents. Students and parents should always follow the safety guidelines and always use their good judgment. The school assumes no liability for injuries that occur outside school property. East Clayton is also not responsible for lost, damaged, or stolen bikes. Please note that bikes do not include scooters, skateboards, rollerblades, etc.

East Clayton Elementary expects parents/adults to inform students of the following safety tips:

- Use the designated crosswalk.
- Before crossing, look left, right, and left again to make sure it is clear to cross. Continue to look and listen for traffic as you cross.
- Do not go between cars waiting in the car pool line.
- Always walk/bike with adult supervision.

Morning Walking/Biking Procedures:

- Arrival Time for walkers/bikers is between 8:35 and 8:50 am.
- Students must be accompanied by a parent or an approved adult who is listed on the student's card in the front office.
- Students and parents must cross at the end of the walking trail at East School Road and walk along the grass to the flag pole.
- Students must dismount and walk bikes across the cross walk to secure bikes in the bike racks. Bikes must be locked.
- NO Pets will be allowed on school property.

Afternoon Walking/Biking Procedures:

- Dismissal Time for walkers is between 3:45 and 4:00 pm.
- Parents must present the walker/biker tag to the staff for students to be released.
- Parents must have multiple tags if picking up students from other families.
- Parents need to meet their children at the bicycle racks.

Policy change letter: CIS Academy Charter School (sent as email attachment)

CIS Academy Charter School is committed to teaching our students the importance of having a healthy lifestyle through increased physical activity. Our school improvement committee is dedicated to promoting student well-being through the adoption of a walk at school program. Through this program students will walk at school for a minimum of one day a week for 45 minutes for grades 6-8. The Active routes to School walking program will have all students participate, including those with disabilities, with accommodations provided as appropriate. We

support the Active Routes to School Program as adopted in our school Wellness Policy which was approved by our Board of Directors with this revision at our November, 2015 meeting.

Cartoogechaye Elementary School policies

Cartoogechaye Elementary School is committed to teaching our students the importance of having a healthy lifestyle through increasing physical activity. Our school improvement committee is dedicated to promoting student well-being through the adoption of a walk at school program. Through this program students will walk at school for a minimum of one day a week for 45 minutes for grades 3-5. The Active Routes to School walking program will include all students, including those with disabilities, with accommodations provided as appropriate. We support the Active Routes to School Program with the adoption of this policy which has been approved until 5/17/2020. In 2020 the committee will review the policy with the possibility of extending it.

Cartoogechaye Elementary School supports the Active Routes to School Program by integrating the Let's Go NC curriculum into its Physical Education Program for all 4th grade classes beginning the 2014-2015 school year and extending the next five years through 2019-2020. We will teach/implement the entire Let's Go NC curriculum including Bicycle and Pedestrian modules over a six week time frame at the beginning of each school year. We support preparing children with pedestrian and bicycle safety skills they will need throughout their lives-skills that will also help them be well-rounded, healthy students. The Let's Go NC curriculum will be made available to all students with appropriate accommodations to students with disabilities. This policy has been approved by the administration and the school improvement committee based on the advantages of healthy lifestyles among the students.

Pitt County Student Wellness Procedure (Adopted April 24, 2006)

1) Nutrition Education and Healthy Living Skills shall be taught as part of the regular instructional program in order to provide opportunity for all students to understand and practice concepts and skills related to health promotion and disease prevention.

- Nutrition Education will be provided in accordance with the North Carolina Healthful Living Curriculum and can be integrated into other areas of the curriculum, such as math, science, language arts and social studies.
- The school cafeteria is an integral part of the total school environment. I will serve as a "learning laboratory" to allow students to apply critical thinking skills taught in the classroom and to learn and practice healthy living skills. (Tase Explorers, Nutrition Nuggets and Growing Up FIT! Cafeteria Games are three examples of programs to help the K-5 population learn healthful living behaviors.)
- Nutrition education will be shared with families and the broader community to provide a positive impact on students and on the health of the community. (Monthly newsletters are provided to K-5 parents as a means to share information with families.)

- Professional development opportunities will be made available to the staff responsible for nutrition education.

2) Physical Education and Physical Activity shall be an essential element of each school's instructional program. The program will provide the opportunity for all students to develop the skills, knowledge and attitudes necessary to participate in a lifetime of healthful physical activity. Physical Education Programs will comply with state and local requirements.

- Time allotted for moderate to vigorous physical activity for students K-5 will meet the state requirement of 30 minutes each day per the NC Healthy Active Children Policy, while grades 6-8 will work toward this goal. This requirement can be achieved through regular physical education class and/or through physical activities such as Active Recess for All, Classroom Energizers, and the use of walking trails.
- Physical education, Active Recess for All, Energizers, use of walking trails or other physical activities shall not be taken away from students as a form of punishment. Neither shall physical activity be used as a form of punishment for students.
- Physical education courses will be conducted in an environment where students learn, practice and are assessed on developmentally appropriate motor skills, social skills and knowledge. Class size will be in accord with North Carolina State Board of Education standards.
- Physical education courses will be taught by licensed physical education teachers throughout the 180-day school year.
- Pitt County Schools will work with school board members, administrators, parents, local public works, transportation officials, and law enforcement personnel to implement a Safe Routes to School program in support of walking and biking to school.
- Schools will assess and, to the extent possible, make needed infrastructure and environmental improvements to make walking and bicycling more appealing and safer. The school system will work with community partners to explore the availability of federal Safe Routes to School funds and other funding sources to finance such improvements.
- Schools will encourage parents and students to walk and bike to school where safe routes are available. Parents will be encouraged and to the extent possible assisted in organizing adult supervised walking groups known as Walking School Buses.
- Pitt County Schools will encourage school siting in areas that may allow for increased physical activity, helping to meet physical activity goals and state and federal wellness mandates. Whenever possible, school sites should encourage walking and bicycling. Traffic patterns should be implemented to support walking and biking safely to school.
- Pitt County Schools will implement community bus stops to reduce student ride time, increase physical activity, and cut the overall cost of transportation. Parents will be encouraged to participate in community bus stops to increase parental involvement and student safety.

Open Use of Kannapolis City Schools Recreational Facilities

The Kannapolis City Board of Education acknowledges that district facilities are a public resource funded by taxpayers in this community. The board further acknowledges that children and families in Kannapolis desire greater access to recreational space for play and exercise.

North Carolina General Statute 115C-524(d) allows for school buildings and grounds, when not in used for school purposes, to be used for public educational and recreational activities. It is the policy of Kannapolis Board of Education to allow community members to use Open Use Facilities, as defined below, for recreational purposes when such use does not interfere with school programs and activities.

This agreement shall apply to the outdoor portions of all the Kannapolis City Schools' facilities and grounds, including tracks and fields, playgrounds, and outdoor sports facilities, with the exception of Kannapolis Memorial Stadium. Outdoor Open Use Facilities are referred to as "Open Use Facilities."

The District shall be entitled to the exclusive use of all Open Use Facilities for school and school-related educational and recreational activities, including before-and after-school programs, summer school, and, at such other times as Open Use Facilities are being used by the District or its agents.

When not in use by the District, Open Use Facilities shall be made available to community members at no cost for play and exercise as follows: (a) Monday through Friday, prior to 7:00 a.m. and after 4:00 p.m. until dusk; and, (b) Saturday, Sunday, and school holidays, between the hours of 6:30 a.m. and dusk. For the purposes of this policy, these times will be referred to as "Open Use Hours."

To reserve a field, please contact Kannapolis City Schools Facility Rental Coordinator at 704-938-1131. A nominal fee will be charged for the reservation.

Kannapolis Middle School is a designated school park. As such, the City of Kannapolis is responsible for rental of the KMS football/soccer field, track, and baseball/softball field.

Community members may utilize Open Use Facilities during Open Use Hours for play and exercise on first come, first served bases unless a reservation has been made. In that event, the reservation holder has the right to the field during that particular time.

The following are not permitted in Open Use Facilities:

- a) Smoking or use of any tobacco-related products;
- b) Alcoholic beverages;
- c) Drugs or illegal substances;
- d) Firearms or weapons; and
- e) Other use or activity otherwise prohibited by law

All community members utilizing Open Use Facilities will be expected to clean up after pets.

District shall post signs at each school with Open Use Facilities that shall provide public notice of the Open Use Hours and the rules pertaining to Open Use Facilities.

North Carolina General Statute 115C-524(d) law limits the liability of school districts, school boards, and school officials. Access to Open Use Facilities is limited to the recreational use and enjoyment of community members.

Adopted:

December 12, 2016

Charlotte Mecklenburg Board of Education

“7. CMS encourages and supports safe, active transportation, including walking, bicycling, and other forms of human-powered transportation to and from school.”

<http://boardpolicyonline.com/?b=charmeck>

Fairview School, Sylva, NC

Principal Fred Osborn

June 1, 2017

Both the Fairview Parent Teacher Board and the Fairview School Improvement Team supported the statement below:

Fairview School is committed to teaching our students the importance of having a healthy lifestyle through increased physical activity. Our school PTA and the School Improvement Committee is dedicated to promoting student well-being through the adoption of a walk at school program. Through the program, students have the opportunity to walk at school five days a week for up to 25 minutes. In addition, a collaboration between the PTA, Active Routes to School, Fairview staff and community partners have supported healthy lifestyles by offering Fairview students an annual bike rodeo, walk to school day and a running club with a culminating 5K race open to all stakeholders in the community. The Active Routes to School program encourages all students to participate, including those with disabilities, with accommodations provided as appropriate.

Supported by the Fairview PTA Board, June 8, 2017

Supported by the Fairview School Improvement Team, June 9, 2017