

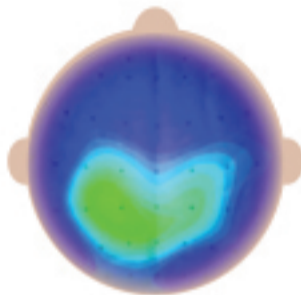
active kids learn better



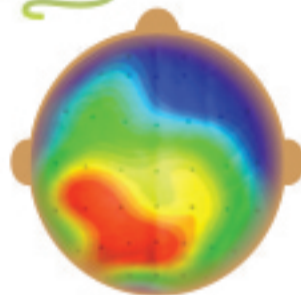
BRAIN SCANS OF STUDENTS TAKING A TEST:



Red areas are very active;
blue areas are least active.



after 20 minutes of
sitting quietly



after 20 minutes of
walking

Learn more about why active kids learn better and how schools can help at activelivingresearch.org/activeeducationbrief.