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Faithful Families



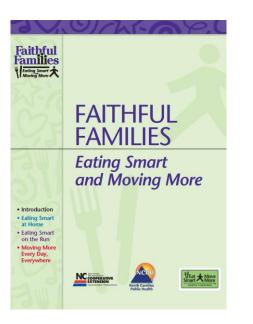






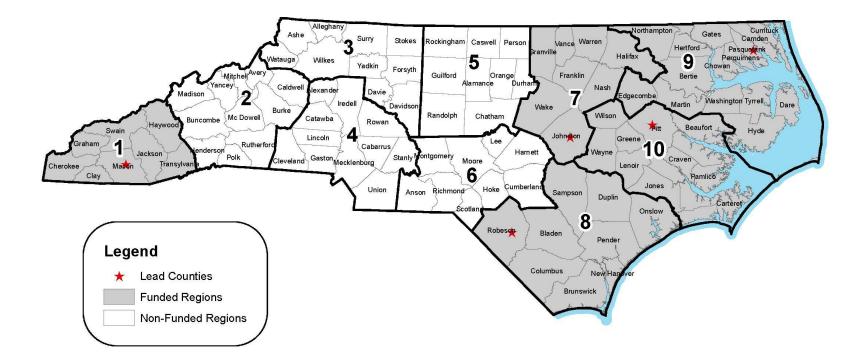
Faithful Families

- Cooperative Extension
- Local county health departments
- Faith communities with health workers





Obesity, Diabetes, Heart Disease, and Stroke Prevention (ODHDSP) Project





Data Source: North Carolina Association of Local Health Directors (NCALHD) Regions. http://ncalhd.org/region.htm. Accessed June 11, 2014.

ODHDSP Implementation

- Regional Coordinators
 - Enroll and assess at least 2 faith communities each year
 - Conduct faith community assessment





ODHDSP Implementation

- Support and enhance Faithful Families program
 - Sample policies
 - Health committee planning
 - Sample environmental changes



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FAITH COMMUNITY ASSESSMENT

NUTRITION – ENVIRONMENTS	YES	NO	NOT SURE
65. Does the faith community have any vending machines?(If not, please proceed to Question 71).			
66. Do the vending machines have bottled water?			
67. Do the vending machines have 100% juice?			
68. Do the vending machines have 1% or non-fat milk?			
69. Do the vending machines have healthier items (e.g., light popcorn, cereal bars, baked chips)?			
70. Do the vending machines identify which items are healthier options?			

NUTRITION – POLICIES AND LEADERSHIP	YES	NO	NOT SURE
71. Does the faith community have written policies or guidelines that at all meetings and events:Fruits and vegetables be offered?			
72. Does the faith community have written policies or guidelines that at all meetings and events: 100% juice be offered?			
73. Does the faith community have written policies or guidelines that at all meetings and events: Water be offered?			
74. Does the faith community have written policies or guidelines that at all meetings and events: Low-fat items be offered?			
75. Does the faith community have written policies or			

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ODHDSP Implementation

- Technical assistance
 - Goals for food and beverage standards
 - Promote physical activity through signage, social support and use of shared use agreements
 - Promote Diabetes Prevention Programs
 - Connect to county-level resources



Collaborations

- Expanded Food and Nutrition Assistance Program (EFNEP)
- Local health departments
- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
- Local agencies



Faithful Families Updates

- Online curriculum training
- Faith Community Assessment

 Online version and PDF available
- Participant Entry and Exit Forms
- Website
 - Project Planning Timeline and checklist
 - Logo usage guidelines



www.FaithfulFamiliesESMM.org



Questions?

