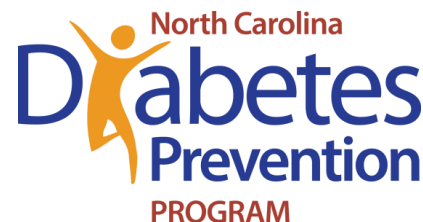


National Diabetes Prevention Program

North Carolina Lifestyle Coach Training



Participant Agreement

Thank you for commitment to become a National Diabetes Prevention Program (NDPP) Lifestyle Coach! The North Carolina Diabetes Prevention Program (NCDPP) is grateful for your contribution to decreasing the burden of prediabetes in the state. Participating in the NCDPP-sponsored Lifestyle Coach (LSC) training means that you, your organization, and the NCDPP commit to the following:

The NCDPP commits to providing:

- A free LSC training that typically costs a minimum of \$750 per participant.
- Monthly technical assistance conference calls with NCDPP, other NDPP Lifestyle Coaches, and the Centers for Disease Control and Prevention (CDC).
- Support from NCDPP Diabetes Prevention Specialist, Sharon Davis to assist you as needed.
- Access to the North Carolina Lifestyle Coach Network (NC LSC) network.
- Access to NCDPP tools that will support program sustainability and efficiency.
- Assistance with marketing and promotion for health care providers and consumers.
- Access to a referral system that may help your organization refer individuals to the NDPP and other programs.

Your organization commits to:

- Apply to the CDC's Diabetes Prevention Recognition Program (DPRP) before delivering the NDPP curriculum.
- Maintaining adequate staffing to ensure that you can administer the NDPP and track and submit data as required by the DPRP.
- Sustaining the program over subsequent years.
- Starting a DPP course within **3 months** of the Lifestyle Coach training.
- Having at least one coach within your organization participate in the monthly Lifestyle Coach webinars/calls.
- Keeping NCDPP informed of the status of your NDPP and Lifestyle Coaches (e.g. if they leave their position).
- Helping NCDPP expand the NDPP throughout the state by answering surveys or participating in conversations about NDPP implementation.

By signing below, I acknowledge I have read the Lifestyle Coach Training Information sheet and agree to and understand the above ask agreement.

Signature

Date

Printed Name