

# Success Story

## Francine Delany New School for Children Monthly Walking Program, Buncombe County

### The Scoop

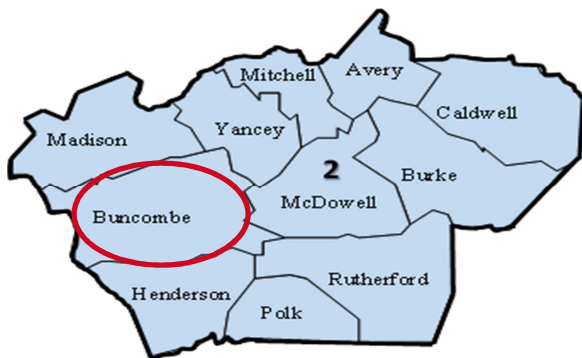
Francine Delany New School for Children started a monthly walking program for students.

### The program resulted in:

- Commitment from school administrators to participate annually in International Walk to School Day and National Bike to School Day.
- Plans to develop and implement a bicycle skills instruction clinic based off the *Let's Go NC! A Pedestrian and Bicycle Safety Skills Program for Healthy, Active Children* curriculum for students in the 2015-2016 school years.

### The program reached:

- An average of 53 students and their families each month



*"Our students come from Asheville City, Buncombe County and Henderson County; therefore it is not realistic for most of our students to walk from home. This is a central location so that all children can participate. It also helps bring awareness to the community when they see such a large group walking in the neighborhood."*

- **Buffy Fowler**, Francine Delany New School for Children Operations Coordinator



### About

Region 2 Active Routes to School assisted Francine Delany New School for Children in developing a monthly walking program. Once a month an average of 53 students and their families walk a half-mile from a local grocery store to the school. Buses pass the grocery store drop-off location on the route to school so that bus riders have the opportunity to walk as well. Parent volunteers provide supervision to the students as they cross streets and walk along pathways. Each month the students walk in celebration of a particular theme. For example, in January students bundled up for the "Polar Bear" Walk. The February walk was cancelled due to inclement weather, but students participated in "Lucky Walk Day" in March and recognition of "Earth Day" in April. For those who are unable to walk from home to school, these remote drop-off programs help students and some parents get out of motor vehicles and walk to school, and they create a sense of community.

### Partners

Francine Delany New School for Children Administration and Staff and Parent Volunteers

### For more information contact

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