

# Success Story

## Communities in Schools (CIS) Academy Walking Wednesday Program, Robeson County

### The Scoop

Robeson County's Communities in Schools (CIS) Academy started a quarterly Walking Wednesday program for 6<sup>th</sup>-8<sup>th</sup> grade students.

### The program resulted in:

- Robeson CIS Academy including participation in quarterly Walking Wednesdays and International Walk to School Day activities in their health policy handbook.
- Bike and pedestrian safety trainings held at two after-school programs: Red Springs Middle School and Pembroke Middle School.

### The program reached:

- 130 participants (6<sup>th</sup>-8<sup>th</sup> grade students and staff) quarterly



### About

Region 8 Active Routes to School assisted Robeson County's Communities in Schools Academy students in starting a quarterly Walking Wednesday program. As a part of the program all 130 sixth through eighth grade students and staff walk approximately a half-mile to the University of North Carolina at Pembroke (UNCP).

With a limited number of students that walk to school, the Region 8 Active Routes to School Coordinator worked with UNCP to allow students to walk from the middle school to the college campus. Student safety patrol officers assisted the walkers along the route helping to ensure the safety of students. While at UNCP, students learn about college and how they can further their education after high school. This program has helped to create places for students to be physically active as well as learn - all while having fun.

### Partners

Communities in Schools Academy of Robeson County Board of Directors, UNCP Chancellor and Wife, UNCP Wrestling Team, UNCP Law Enforcement, UNCP Mascot, Robeson County Department of Public Health

### For more information contact

Shahnee Haire, [Shahnee.Haire@hth.co.robeson.nc.us](mailto:Shahnee.Haire@hth.co.robeson.nc.us)



*"Active Routes to Schools is important to our school because childhood obesity is a problem in our nation."*

- **Billy Haggans**, Robeson County's  
 Communities in Schools Academy  
 Principal